

THE WILD

MANDATORY GEAR LIST

100 MILE & 50 MILE

TO BE CARRIED AT ALL TIMES DURING THE 100 MILE AND 50 MILE EVENTS

CORE KIT – PROVIDED BY COMPETITORS:

- 1 x base layer long-sleeved thermal top (in addition to anything worn on start line)* [see Note 1]
- 1 x synthetic insulating mid-layer top* [see Note 2]
- 1 x thermal leggings*
- 1 x seam-sealed waterproof pants*
- 1 x thermal beanie* NB Buffs are insufficient.
- 1 x thermal gloves*
- 1 x Seam-sealed waterproof jacket with hood* [see Note 3]
- 1 x Survival bag (NOT blanket)
- 1 x head torch & spare batteries or spare head torch [see Note 4]
- 1 x mobile phone & power pack* for re-charging on the go. [see Note 5]
- 1 x compass
- 1 x first aid kit (detail TBC)
- 1 x whistle
- Drink bladder and/or bottles/soft flasks – minimum capacity 2.5 litres
- 2 x Ziplock bags for rubbish*
- Emergency food – at least 1000 cals – to be used ONLY in an emergency, not as part of standard rations! [see Note 6]
- 1 x pack of sufficient size to carry all the above PLUS any additional cold weather or hot weather kit. This is likely to mean a 14L+ pack.

* We strongly recommend that you include spares of these items in your drop bags.

CORE KIT – PROVIDED BY ORGANISERS:

- Course maps on waterproof paper
- 1 x tracking device
- 1 x race number

COLD WEATHER KIT

This must all be brought to registration and shown at gear check. Competitors will be advised at registration whether or not it is needed for the start of the race. If not required then it will be compulsory that it is included in a drop bag. The location of the drop bag in which this kit must be included may also be specified at registration.

- 1 x additional base layer long-sleeved thermal top
- 1 x additional pair of thermal gloves – we highly recommend that these are also waterproof or that you also include a pair of waterproof over-mitts.

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HOT WEATHER KIT

Given the unpredictable nature of the weather in the Otago mountains and the exposure & remoteness of much of the course, there will be NO relaxation of the core kit requirements regardless of the forecast conditions. You may however be required to carry:

1 x additional 500ml bottle or soft flask.

This must be shown at gear check, where you will be advised whether or not it is required.

IMPORTANT NOTES

Note 1: NB this is IN ADDITION TO anything worn on the start line. You MUST carry a dry spare base layer top in your pack regardless of what you start the race with. Polypropylene and merino are both accepted; polyester is NOT accepted.

Note 2: This could be fleece (e.g. Polartec) or, better still, synthetic down (e.g. Primaloft). What you carry MUST fit you (no using smaller-than-required clothing to save weight!). We highly recommend investing in a synthetic down jacket if you don't already have one – it's the best way of staying warm in adverse conditions as it retains its insulating properties even when wet. Natural down does NOT do this. Such a jacket will give you many years of service well beyond the race!

Note 3: NB your seam-sealed jacket MUST have a hood & we recommend you use one that has a peaked hood. There are many very lightweight, skimpy seam-sealed jackets on the market that in reality do little more than act as a windbreak (and a poor windbreak when they get wet!) We highly recommend that you use a heavier weight Goretex or similar jacket. If the weather turns nasty on one of the long exposed ridges you'll be very glad that you carried the extra couple of hundred grams!

Note 4: We recommend a minimum of 350 lumens for your main torch and at least 200 lumens for any backup torch. The torch function on Smartphones will NOT be accepted as a second torch.

Note 5: Regardless of how long you expect to take, you will need to carry a power pack (and phone charging cable) sufficient to keep your mobile phone charged for at least 50 hours.

Note 6: This must only be used in an emergency situation e.g. while awaiting evacuation from the course. Random checks will be conducted at the finish line and if missing any emergency rations a hefty time penalty or disqualification will result.

NB Cotton is NOT a thermal fabric. NO cotton items meet the criteria for the items listed above.

DROP BAGS

What you choose to put in your drop bags is largely down to you. However we strongly recommend that you include spares of items marked * in the list. Your drop bags should also include any medications you require but that you do not need to have with you during the race (you must notify us of this so we can inform medical staff).

